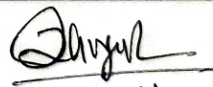


NAMO MEDICAL EDUCATION & RESEARCH INSTITUTE, SILVASSA

FOUNDATION COURSE TIME TABLE FOR M.B.B.S. 2026-27 BATCH

Date/Time	9 to 10 AM	10 to 11 AM	11 to 12 NOON	12 to 1 PM	1 to 2 PM	2 to 3 PM	3 to 4 PM	4 to 5 PM
25/09/26	Induction cum Orientation Programme		Hostel Accommodation & Formalities			Departmental Visits: Anatomy, Physiology, Biochemistry, Community Medicine & Central Library		
26/09/26	Introduction to Foundation Course (Physiology)	Rules & Regulations of the Institute. Anti Ragging-Rules & Regulation Anti ragging measures (Physiology)	Roles of IMG (Indian Medical Graduate) (Anatomy)	GMER 2019 (Biochemistry)	L U N C H	Sports & Extra Curricular Activities		
28/09/26	Principles of community health and its impact on health and diseases (PSM)	National health scenario, demographic, socio-cultural and disease profile of DNH (PSM)	Health Care delivery systems in India (primary, secondary and tertiary level care), Health Services in DNH (PSM)	National health programmes and policies (PSM)		Overview of MBBS Curriculum. Introduction to rules of Attendance & Examinations (Ophthalmology)	English Language Skills	Sports (Anatomy)
29/09/26	History of Medicine and alternate systems of Medicine (Ayush)	Pandemic management History of outbreaks, epidemics and pandemics (PSM)	Medical Ethics, Attitudes and Professionalism (Surgery)	Principles of family practice (PSM)		Group learning and Group dynamic (Pathology)	English Language Skills	Sports (Physiology)
30/09/26	Role of mentoring Intro to Mentor-Mentee Prog. (Pathology)	Significance of documentation in patient care and proper method of documentation (FMT)	Confidentiality in Doctor Patient Relationship (Medicine)	Documentation in Patient Care (Surgery)		Introduction to Research (Pharmacology)	English Language Skills	Sports (Biochemistry)
01/10/26	Universal precautions and Immunization requirements of Health care professionals (Microbiology)	Breaking Bad News to relatives Interactive session & Role Play (Medicine)	Significance of working in a health care team. Importance of interpersonal relationship while working in a health care team. (Anesthesia)	Collaborative learning, Disability competencies (Pathology)		Communication Skills (Paediatrics)	Intro to Family Adoption Programme (PSM)	Sports (Anatomy)


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 Department of Physiology
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FOUNDATION COURSE TIME TABLE FOR M.B.B.S. 2026-27 BATCH

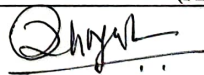
Date/ Time	9 to 10 AM	10 to 1 PM		1 to 2 PM	2 to 3 PM	3 to 4 PM	4 to 5 PM
03/10/26	Core values that defines the nature of the physician's work. (Medicine)	Value, honesty and respect during interaction with peers, seniors, faculty, other health care workers and patients. (Surgery)	First Aid (Orthopedics)	L	Sports & Extra Curricular Activities		
05/10/26	Introduction to BLS Interactive session, Videos & Demonstration (Anesthesia)	Field Visit/Family Adoption Prog. – (PSM) PHC (Batch A) & UHC/CHC (Batch B) Hands on training – BLS (Batch C) (Anesthesia) First Aid (Batch D) (Orthopedics)			Role play By Students to demonstrate Ethics in Medical Profession (Physiology)		Gujarati language skills
06/10/26	Response to needle stick injuries Patient safety and biohazard safety (Microbiology)	Field Visit/Family Adoption Prog. – (PSM) PHC (Batch B) & UHC/CHC (Batch C) Hands on training – BLS (Batch D) (Anesthesia) First Aid (Batch A) (Orthopedics)		U	Gender sensitization and sexual harassment (FMT)	Gujarati language skills	Sports (Physiology)
07/10/26	Time management (Psychiatry)	Field Visit/Family Adoption Prog. – (PSM) PHC (Batch C) & UHC/CHC (Batch D) Hands on training – BLS (Batch A) (Anesthesia) First Aid (Batch B) (Orthopedics)		N	Various career pathways and opportunities for personal growth (Pharmacology)	Gujarati language Skills	Sports (Biochemistry)
08/10/26	Stress management and Mental Health (Psychiatry)	Field Visit/Family Adoption Prog. – (PSM) PHC (Batch D) & UHC/CHC (Batch A) Hands on training – BLS (Batch B) (Anesthesia) First Aid (Batch C) (Orthopedics)		C	Consent in Medical Practice (FMT)	Computer Skills Use of Information Technology, and Artificial Intelligence (Pharmacology)	Extra Curricular Activity (Physiology)
09/10/26	Role of Yoga and Meditation in Health (Ayush)			H	Consequences of unethical and unprofessional behavior. (FMT)	Computer Skills Use of Information Technology, and Artificial Intelligence (Pharmacology)	Extra Curricular Activity (Physiology)
10/10/26	Role of Yoga and Meditation in Health (Ayush)				Addressing queries of students Reflection and feedback on Foundation course (Physiology)		



Convener

Foundation Course 2026

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